

# Christopher's Kitchen

Est. 2011

Thank you supporting our family owned organic plant based restaurant

## STARTERS

**SOUP OF THE DAY** seasonally inspired cup 5/bowl 10 gf

**GAZPACHO** chilled tomato soup, cucumber, avocado cup 5/bowl 10 gf nf

**MAC & CHEESE** quinoa pasta, creamy cashew cheese, sweet potato, toasted pangrattato, brazil nut parmesan 16 gf

**GRILLED ARTICHOKE** served with cashew herb 16 gf

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**STACKED NACHOS** tortilla chips, black beans, onions, guacamole, cashew cheese, pico de gallo, mole, cilantro 18 gf S

*add pulled pork jackfruit +7*

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**AVOCADO TOAST** arugula, tomato, watermelon radish, olive oil, served on multigrain toast 14 nf

**TACOS** handmade raw tortilla, spicy walnut taco mix, lettuce, cabbage, pico de gallo, guacamole, cashew cheese, almond crunchies 10/18 gf S

**FIG & HONEY TRIO** house made seeded crackers, macadamia ricotta, apple, dried figs, arugula, red pepper flakes 14 gf S

**SHISHITO PEPPERS** sautéed in garlic soy, cashew herb 12 gf S

**HUMMUS** roasted garlic, topped with tahini crema & schug served with za'atar grilled gluten free pita & crudités 16 gf nf S

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**NYC ROLL** avocado, kale, almond paté, cucumber, mango, sprouts, red peppers, spicy nyc sauce, almond crunchies, seaweed 20 gf S

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**AVOCADO GINGER ROLL** arugula, avocado, mango, cucumber, carrot, pea shoots, cashew cheese, almond crunchies, thai sauce, seaweed 20 gf

**LIVE PIZZA** red sauce, broccoli, avocado, tomato, cashew cheese, olives, brazil nut parmesan, on house made seeded crackers 8/15 gf

**THAI WRAP** mango, cucumber, carrots, cabbage, fresh herbs, red pepper, almond paté, wrapped in collard leaf, almond thai sauce 16 gf

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## SALADS

add scoop of tuna salad + 6 / avocado + 4 / crab cake + 12

**CAESAR** romaine, brazil nut parmesan, cashew caesar dressing, house made croutons 15

**SUPERFOOD** mixed greens, arugula, alfalfa & sunflower sprouts, hemp seeds, avocado, seaweed, sunflower seeds, house vinaigrette 18 gf nf

**ASIAN NOODLE** zucchini noodles, mango, carrot, cucumber, peppers, bok choy, almond crunchies, almond thai sauce, nyc sauce 18 gf S

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**FLORIDA CHOPPED** kale, romaine, sprouts, cucumber, avocado, apple, cranberry, tomato, pumpkin seeds, bean mix, house vinaigrette 17 gf nf

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**SANTA BARBARA** romaine, arugula, beets, red pepper, tomato, dates, avocado, almond crunchies, orange poppy dressing 16 gf

**SOUP & SALAD** side caesar salad, simply mixed greens, or citrus kale salad paired with a bowl of today's signature soup or gazpacho 15

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## SIDES

grilled broccoli + cashew herb 9 gf / sweet potato wedges 7 gf nf / citrus kale salad 7 gf nf / avocado 4 / fresh fruit 6

extra dressings & sauces 2 / extra nut cheeses 2

gluten free - gf | nut free - nf | spicy - S

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## HOUSE SPECIALTIES

**PAD THAI** rice noodles, zucchini, mushrooms, broccoli, bok choy, onions, red peppers, cilantro, almond thai, spicy nyc sauce, sesame seeds 22 gf S

**SPICY KUNG PAO BEETS** eggplant, mushrooms, bok choy, peppers, teriyaki, broccoli, nyc sauce, cilantro, sesame seeds, almond crunchies, brown rice 20 gf S

**FAJITAS** hand made corn tortillas, sautéed veggies, guacamole, lettuce, black beans, brown rice, cashew cheese, mole, pico de gallo 22 gf S

**FETTUCCHINE ALFREDO** rice noodles, sauteed mushrooms, broccoli, spinach, creamy cashew cheese, brazil nut parmesan 22 gf

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**CRAB CAKES** hearts of palm, jackfruit, chick peas, red peppers, onions 24 gf

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**MUSHROOM BOLOGNESE** cremini mushroom duxelle, garlic, house made red sauce, herbs, red wine, brazil nut parmesan, rice noodles 22 gf

**SEASONAL VEGETABLE PLATE** daily vegetable selection, cashew herb 24 gf

**MACRO KALE BOWL** kale, carrots, beets, chick peas, avocado, cucumber, sunflower sprouts, cashew cheese, citrus herb dressing, brown rice or quinoa 18 gf

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**POWER BOWL** black beans, sautéed veggies, bok choy, carrots, chick peas, avocado, nyc sauce, teriyaki, cashew cheese brown rice or quinoa 18 gf S

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**COCONUT CURRY BOWL** sweet potato, carrots, red peppers, chickpeas, apple, tomato, onion, coconut milk, spices, brown rice or quinoa 18 gf nf

**MEXICAN GRAIN BOWL** veggies, black beans, romaine, cabbage, guacamole, hot peppers, cashew cheese, pico de gallo, mole, chips, brown rice or quinoa 18 gf S

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## SANDWICHES

gluten free bread available upon request / served with side of coleslaw or mixed greens Caesar or citrus kale salad +2/ grilled broccoli +3 / mac & cheese or sweet potato wedges +4

**AVOCADO** romaine, tomato, cucumber, alfalfa sprouts, zucchini bacon, pine nut spread, balsamic glaze, on multigrain or collard leaf 18

**PESTO** walnut pesto, arugula, cucumber, avocado, tomato, alfalfa sprouts, cashew cheese, balsamic glaze on multigrain or collard leaf 18

**TUNA SALAD** made with chick peas, apples, almonds, capers, dill with lettuce, tomato, cucumber, alfalfa sprouts, cashew cheese, on multigrain or collard leaf 18

**FRENCH DIP** mushroom medley, cheese, herb oil, served on toasted ciabatta, au jus, horseradish mayo, arugula, sweet potato wedges 24

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**VEGGIE BURGER** lentil, quinoa, hemp, chia, pumpkin seeds, Sloppy Slaw's bbq, cheddar, truffle aioli, arugula, harissa grilled onions, house made pickles 22 gf nf

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**BILLIONAIRE BURGER** house made veggie burger, ranch, cheddar, lettuce, tomato, onion, house made pickles 22 gf

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## GOURMET PIZZA

gluten free crust available upon request

**BUFFALO CAULIFLOWER** macadamia ricotta, spicy buffalo sauce, cauliflower, roasted garlic, onions, scallions, ranch 24 S

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**MARGHERITA** red sauce, cashew cheese, tomato, pesto, whipped macadamia ricotta, basil, chili flakes, olive oil, maldon salt 24 S

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**BIANCOVERDE** macadmia ricotta, cherry tomatoes, onion, dates, arugula + florida chopped dressing, chili flakes 24 S

**FARMERS MARKET** red sauce, artichoke, broccoli, red peppers, onions, mushrooms, sundried tomato, olives, cashew cheese, brazil nut parmesan 24

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**MUSHROOM TRUFFLE** macadamia ricotta, cremini, shitake, white button mushrooms, thyme, scallions, truffle oil 24

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**VEGGIE SAUSAGE** red sauce, mushrooms, caramelized onions, spicy hot peppers, cashew cheese, brazil nut parmesan, parsley 24 S

**AVOCADO** red sauce, cherry tomatoes, red onion, arugula + florida chopped dressing, cashew cheese, brazil nut parmesan 24

**HAWAIIAN BBQ** Sloppy Slaw's sweet & spicy bbq, jackfruit, onion, pineapple, macadamia ricotta, red peppers, mushrooms, cilantro, sesame seeds 24 S

# Christopher's Kitchen

## SMOOTHIES

gluten free, dairy free & soy free

**BANANA ALMOND** banana, almond butter, cinnamon,

coconut water, almond milk 12

**MACA SMOOTH** spinach, banana, maca, almond butter,

coconut water, almond milk 12

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**SUPERFOOD** banana, spirulina, maca, kale, protein, cacao nibs, almond butter, coconut water, almond milk 14

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**PROTEIN STAR** mango, banana, cinnamon, hemp seeds,

almond butter, protein, coconut nectar, coconut water 14

**SWEET STRAWBERRY** strawberries, banana, honey,

almond milk, coconut water 12

## NUT FREE SMOOTHIES

**HAWAIIAN** pineapple, mango, banana, honey, orange juice 12

**IRON MAN** mango, banana, kale, spinach, hemp seeds, protein,

cinnamon, coconut water 14

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**HEAVY METAL DETOX** banana, wild blueberries, orange juice,

coconut water, cilantro, atlantic dulse, barley grass, spirulina 15

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**SWEET GREEN** kale, cucumber, cilantro, parsley, ginger,

blended with pineapple, mango, honey 12

**WARRIOR** wild blueberries, banana, mango, honey, protein,

goji berries, vitamin c, orange juice 14

## ICE CREAM SHAKES

our house made ice cream is made from cashews, coconut & agave

**COOKIES & CREAM** vanilla ice cream, cacao nibs, hemp seeds,

coconut water, chocolate sauce 12

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**CHOCOLATE SUPREME** chocolate ice cream, banana, almond

butter, almond milk, chocolate sauce 12

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**CREAMY ICED COFFEE** vanilla ice cream, cold brew coffee 12

**STRAWBERRY HEAVEN** vanilla ice cream, strawberry, almond milk 12

## NUT MILKS

**DECADENT** cacao, almonds, coconut water, vanilla, dates, cinnamon 7.75

**DREAM** strawberry, almonds, dates, vanilla, cinnamon, sea salt 7.75

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**JAVA** cold pressed coffee, almonds, dates, cinnamon, vanilla, sea salt 7.75

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**SATISFIED** almonds, dates, cinnamon, vanilla, coconut water, sea salt 7.75

## MOCKTAILS

**BLUE CRUSH** lemonade, blueberry, mint 11

**GINGER SPRITZ** ginger beer, lemonade, mint, cucumber 12

**STRAWBERRY MOJITO** mint, agave, lime, club soda 9

## BEVERAGES

**ICED TEA** organic jasmine green tea 3.95

**BEAUTIFUL WATER** bottled artisan water 2.50

**SPARKLING WATER** 8.50

**NITRO COLD BREWED COFFEE** 5.95

**COFFEE** french press 3.50

**HERBAL TEA** chamomile, peppermint, jasmine green, lemon ginger, detox 3.50

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## HEALTH TONICS 2 oz

**WELLNESS** pineapple, ginger, turmeric, oregano oil, lemon, pepper 6.95

**GINGER** ginger, lemon, pineapple, cayenne 5.50

**TURMERIC** turmeric extract, ginger, pineapple, lemon juice, pepper 5.50

**WHEATGRASS** delivers oxygen, nutrients & balances pH levels 5.95

**IMMUNITY BOOSTER** carrots, turmeric, ginger, coconut water, salt 5.50

**BRAIN DETOX** coconut water, spirulina, barley grass, wild blueberry powder, lemon balm 6.95

## FRESH JUICES

made to order - juice modifications are politely declined

**BASIC GREEN** kale, celery, cucumber, lemon 12

**SUNRISE** orange, beet, carrot, lemon, ginger, apple, served on ice 14

**CARROT PUNCH** carrot, apple, ginger 12

**MAUI** celery, cucumber, parsley, kale, lemon, apple, ginger 14

**PINK APPLE** beet, apple, lemon, ginger 14

**REFRESH** celery 14

**SPICY DETOX** kale, spinach, carrot, celery, cucumber, apple, parsley, lime, cayenne 14

## BRUNCH

Served Saturday & Sunday from 11 am to 3 pm

*Bottomless mimosas with fresh squeezed orange juice 18*

*Bottomless Aperol Spritz 22*

**SUNRISE ACAI BOWL** 16 gf nf

blueberry, banana, strawberry, maple granola, goji berries, coconut flakes

*add almond butter + 2, add honey + 1*

**CACAO CRUNCH ACAI BOWL** 16 gf nf

strawberry, banana, blueberry, maple granola, superfood mix,

chocolate sauce, cacao nibs

*add almond butter +2, add honey +1*

**PITAYA BOWL** 17 gf nf

dragonfruit sorbet, mango, wild blueberries, strawberry, goji berries

*add almond butter +2, add granola +2, add honey +1*

**BAGEL & CREAM CHEESE** 6 gf

plain or everything bagel, toasted with cashew cream cheese

**CINNAMON ROLL** 12 gf

served warm, with vanilla cream, caramel sauce, cinnamon sauce

## SPECIALTIES

**WAFFLE** 16 gf

belgium style, fresh fruit, vanilla cream & maple syrup

**BREAKFAST SANDWICH** 18 gf

breakfast sausage, egg, arugula, tomato, cheddar cheese, cashew cheese

- choice of breakfast potatoes, mixed greens, coleslaw, or fresh fruit +2

- *add avocado + 4 add zucchini bacon + 2*

**SOUTHWEST SCRAMBLE** 20 gf S

sautéed sweet potatoes, zucchini, black beans, onions, peppers, kale,

mushrooms, pico de gallo, cilantro, avocado, mole, cashew cheese

- *add egg + 3*

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**BRUNCH SAUTE** 21 gf

sautéed peppers, onion, spinach, zucchini, mushrooms, veggie sausage,

roasted potatoes, quinoa, avocado, pico de gallo, cashew cheese

- *add egg + 3*

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**BREAKFAST BURRITO** 16 gf

potatoes, veggie sausage, egg, cashew cheese, scallions, pico de gallo

## SIDES

fresh fruit 6 avocado 4 zucchini bacon 3 breakfast sausage 4

breakfast potatoes 6 sweet potato hash 6 egg 4