

LUNCH MENU

We source the finest ingredients that are 100% organic and local whenever possible.
Thank you for your support of our family owned Restaurant & Juice Market.

Starters

- Today's Featured Soup** house made, selection changes daily 4.95/7.95 *gf, nf*
- Gazpacho** tomato, onion, cucumber, avocado, mint, cilantro, lime (seasonal)..... 8.95 *gf, nf*
- Avocado Toast** smashed avocado, cherry tomatoes, arugula, olive oil, sea salt 8.95 *nf*
- Hummus & Pita** pine nuts, olives, herbs..... 10.50 *nf*
- Caprese** heirloom tomato, house made aged macadamia cheese, basil, olive oil..... 12.50 *gf*
- Stacked Nachos** tortilla chips, black beans, guacamole, salsa, cashew cheese, molé, cilantro 13.95 *gf, s*
- Fig & Honey Trio** house made flax crackers, macadamia ricotta, sliced apple, honey, arugula, red pepper flakes 10.95 *gf, s*
- Aged Cheese Plate** variety of aged tree nut cheeses, red pepper corn chips, crudité, sun dried olives, fruit, greens, candied walnuts..... 19.50 *gf*

Salads

- Caesar Salad** romaine, brazil nut parmesan and our caesar dressing - *add avocado + 2*..... 11.95 *gf*
- Macro Kale** quinoa, kale, chickpeas, cucumber, sunflower sprouts, beet, carrot, avocado, cashew cheese, citrus herb dressing..... 13.95 *gf*
- Santa Barbara Salad** romaine, spinach, kale, beet, red pepper, avocado, dates, almonds, orange poppy dressing 13.95 *gf*
- Spicy Thai Salad** julienned bok choy, carrot, celery, mango, pea shoots, baby kale, thai herbs, cashews, thai dressing 13.95 *gf, s*
- Superfood Salad** mixed greens, avocado, cucumber, sunflower sprouts, sunflower/hemp seeds, nori seaweed, lemon dill vinaigrette..... 14.95 *gf, nf*
- Florida Chopped** kale, romaine, sprouted bean mix, cucumber, avocado, apple, tomato, cranberries, pumpkin seeds, house vinaigrette 13.95 *gf, nf*

Sandwiches

Served on toasted 7 grain bread. Choice of kale citrus salad, almond coleslaw or mixed greens

- Avocado Sandwich** avocado, tomato, cucumber, greens, sprouts, zucchini bacon, pine nut spread, balsamic dressing 15.95
- "Tuna" Sandwich** our impressive walnut "tuna" salad, pickles, mixed greens, tomato, sprouts, cashew cheese 15.95
- Pesto Sandwich** walnut pesto, macadamia ricotta, arugula, avocado, tomato, sprouts, balsamic and cashew dressing..... 15.95
- Veggie Club Sandwich** avocado, lettuce, tomato, cucumber, onion, basil, sprouts, zucchini bacon, cream cheese, honey mustard..... 15.95
- Mediterranean Sandwich** hummus, hemp seed tabbouleh, avocado, tomato, cucumbers, sprouts, greens, balsamic dressing..... 15.95 *nf*

Green Wraps

- Guacamole BBQ Wrap** spicy walnut taco mix, red pepper, cilantro, guacamole, salsa, romaine, chipotle bbq sauce 13.50 *gf, s*
- Thai Wrap** almond ginger paté, mango, avocado, carrot, basil, mint, cilantro, cabbage, romaine, thai sauce..... 13.50 *gf*

Grain Bowl

- Indian Curry** coconut curry, sautéed vegetables, apple, chickpeas, spices, herbs, served with quinoa 13.95 *gf, nf, s*
- Spicy Mexican** quinoa, black beans, guacamole, salsa, romaine, cabbage, spicy peppers, tortilla chips, cashew cheese, molé, cilantro..... 13.95 *gf, s*
- Power Bowl** quinoa, black beans, sautéed vegetables, avocado, chickpeas, bok choy, carrot, teriyaki sauce, spicy nyc sauce, cashew cheese 14.75 *gf, s*

House Classics

- CK Tacos** hand made vegetable tortillas, spicy walnut taco mix, lettuce, cabbage, guacamole, salsa, cashew cheese, cilantro 8.75/15.50 *gf, s*
- Live Pizza** red sauce, broccoli, olives, red pepper, avocado, onions, herbs, cashew cheese, house made flax crackers (*served cold*) 7.50/13.50 *gf*
- NYC Roll** mango, avocado, kale, red pepper, almond ginger paté, sprouts, spicy nyc sauce, crunchy almonds..... 16.95 *gf, s*
- Avocado Ginger Roll** arugula, avocado, mango, cucumber, carrot, scallions, thai sauce, cashew cheese, ponzu 16.95 *gf*
- Asian Noodles** zucchini noodles, avocado, mango, carrots, cucumber, red pepper, cabbage, carrots, pea shoots, herbs, thai sauce..... 14.75 *gf, s*
- Heirloom Tomato Lasagna** zucchini, walnut pesto, house made aged macadamia cheese, red sauce, basil, thyme, oregano (*served cold*) 15.95 *gf*
- Pesto Soba Noodles** walnut pesto, arugula, sun dried tomatoes, cherry tomatoes, basil, brazil nut parmesan (*served cold*)..... 14.95
- CK Burrito** black beans, spanish rice, sautéed vegetables, romaine, guacamole, salsa, cashew cheese, molé 13.95 *s*

Sides 4.95 each

- Almond Coleslaw** *gf*
- Kale Salad** citrus herb dressing *gf, nf*
- Mixed Greens** house vinaigrette *gf, nf*
- Walnut "Tuna" Salad** *gf*
- House Made Flax Crackers** *gf, nf*
- Black Beans & Quinoa** *gf, nf*

Extra handmade dressings, condiments 1.25 (3 oz.)

Requests for multiple ingredient changes politely declined. 20% gratuity added to parties of 5 or more. Split charge \$4.
You can split the total check up to 3 paying methods. We do not split the check based on dishes and drinks.

CUSTOMER ALLERGY WARNING

We cannot guarantee that guests with food or beverage allergies may not be exposed through cross contamination.
If you have any food or beverage allergies we recommend that you not dine with us. Please understand that Christopher's Kitchen cannot be responsible for any injury, loss or damage claimed by any guest with a food or beverage allergy who consumes our food or beverages.

spicy dish : s
nut free dish : nf
gluten free dish : gf