

Our fresh, cold pressed, unpasteurized fruit and vegetable juice is 100% organic and Florida local whenever possible. All of the vitamins, minerals and enzymes are carefully preserved, giving you the healthiest, most nutrient dense juice possible.

HEALTH SHOTS (2oz.)

ALOE 100% pure aloe juice, helps repair damaged cells and aids digestion	2.95
E3 LIVE E3 live is a blue-green algae with over 64 vitamins, minerals and enzymes	4.50
GINGER TONIC ginger, lemon, honey, cayenne	3.95
TURMERIC TONIC turmeric extract, pressed ginger juice, grapefruit juice, lemon juice, honey, cayenne	4.50
WHEATGRASS wheatgrass delivers oxygen and other nutrients to the body's cells and balances pH levels.....	4.95

COLD-PRESSED FRUIT JUICES (12oz.)

ALKALIZER lemon, lime, cayenne, coconut nectar, h2o	9.95
AWAKEN grapefruit, pineapple, orange, beet, apple, ginger	10.50
GINGER-AID ginger, lemon, honey, h2o	9.95
ILLUMINATE pineapple, apple, ginger, mint	9.95
PASSION pineapple, strawberry, pear, apple, orange, ginger, trace minerals	10.50
THRIVE fresh cracked coconut water	10.50
DELIGHT strawberry, pineapple, beet, lemon, ginger, trace minerals (8 oz)	6.95
STAMINA grapefruit, orange, lemon, ginger, cayenne (8 oz)	6.50

COLD-PRESSED GREEN JUICES (12oz.)

ABUNDANCE cucumber, romaine, chard, kale, pear, ginger, lime	10.25
BRIGHT pineapple, fennel, apple, lemon, lime, ginger, kale, cilantro	10.50
CLARITY cucumber, romaine, spinach, parsley, chard, sunflower sprouts, E3 live, lemon	10.50
GRACIOUS green apple, kale, lemon, ginger	10.25
GRATITUDE celery, cucumber, romaine, spinach, parsley, kale, apple, grapefruit, lemon, mint	10.50
VITALITY cucumber, pineapple, E3 live, aloe juice, kale, lemon, ginger	10.50
YOUTHFUL cucumber, celery, spinach, kale, apple, mint, lime	9.95
SHINE pineapple, cucumber, wheat-grass, romaine, lemon, mint (8 oz)	6.50

COLD-PRESSED NUT MYLKS (12oz.)

DECADENT cacao, brazil nuts, coconut water, vanilla, dates, cinnamon, sea salt, h2o	10.95
DIVINE brazil nuts, coconut water, vanilla, dates, cinnamon, sea salt, h2o	11.50
DREAM strawberries, almonds, dates, vanilla, cinnamon, sea salt, h2o	10.50
SATISFIED almonds, dates, cinnamon, cardamom, vanilla, sea salt, h2o	10.95
STRENGTH almonds, cucumber, dates, chlorophyll, cinnamon, vanilla, sea salt, h2o	10.95
JAVA cold pressed coffee, almonds, dates, cinnamon, vanilla, sea salt, h2o (8 oz)	6.50

JUICE MADE TO ORDER (16oz.)

Deletions accommodated - other juice modifications politely declined

BASIC GREEN kale, celery, cucumber, lemon	7.50
CARROT PUNCH carrot, apple, ginger	6.95
MAUI celery, cucumber, parsley, kale, lemon, apple, ginger	8.75
PINK APPLE beet, apple, lemon, ginger	7.95
SPICY DETOX kale, spinach, carrot, celery, cucumber, apple, parsley, lime, cayenne	9.50
SUNRISE orange, carrot, beet, apple, lemon juice served on ice	8.50

SMOOTHIES (16 oz.)

All of the ingredients used in our delicious beverages are gluten-free, dairy-free and soy-free. Cheers to that!

BANANA ALMOND	banana, almond butter, cinnamon, coconut water, almond mylk	10.95
MACA SMOOTH	spinach, banana, maca, almond butter, coconut water, almond mylk	10.95
PROTEIN STAR	mango, banana, cinnamon, hemp seeds, almond butter, warrior protein, coconut nectar, coconut water	11.95
SUPERFOOD	banana, spirulina, maca, kale, warrior protein, cacao nibs, almond butter, almond mylk	11.95
SWEET STRAWBERRY	strawberries, banana, honey, almond mylk, coconut water	10.95

NUT FREE SMOOTHIES (16 oz.)

HAWAIIAN	pineapple, mango, banana, honey, orange juice	10.75
IRON MAN	mango, banana, kale, spinach, hemp seeds, coconut water	11.75
SWEET GREEN	kale, cucumber, cilantro, parsley, ginger blended with pineapple, mango and honey	11.75
WARRIOR	blueberries, banana, mango, honey, warrior protein, goji berries, vitamin c and orange juice	11.75

ICE CREAM SHAKES (16 oz.)

CHOCOLATE SUPREME	ck chocolate ice cream, blended with bananas, chocolate sauce & almond mylk topped w/ chocolate sauce	11.95
COOKIES N CREAM	ck vanilla ice cream blended with coconut meat, coconut water, cacao nibs, hemp seeds	11.95
STRAWBERRY HEAVEN	ck vanilla ice cream blended with strawberries and almond mylk - topped w/ vanilla cream	11.95
VANILLA DREAM	ck vanilla ice cream blended, vanilla bean powder, bananas and almond mylk	11.95

COFFEE & TEA

FRESHLY BREWED COFFEE	2.95
COLD BREW BOTTLE COFFEE	small batch/hand roasted cold brew concentrate 2 oz./ 8 oz.	2.00/5.50
CREAMY ICED COFFEE	ck vanilla ice cream blended with cold pressed coffee, ice & almond mylk	9.95
ICED TEA	black or jasmine green	3.95
HERBAL TEA	chamomile, peppermint, jasmine green, lemon ginger green, detox, black	2.95

CK JUICE CLEANSE

Our cold pressed juice helps energize cells and rev up metabolism; lowers your caloric consumption; gives your digestive system a well deserved rest and enhances the immune system.

We offer 1, 2 or 3 day cleanse packages. Each day includes 6 (12 oz.) fresh cold pressed juices. Start a juice cleanse today and change your life forever!

For detailed information and how to sign up for a juice cleanse, please visit the CK To Go & Juice Market or christopherskitchenfl.com/cleanse

CUSTOMER ALLERGY WARNING

We cannot guarantee that guests with food or beverage allergies may not be exposed through cross contamination. If you have any food or beverage allergies we recommend that you not dine with us. Please understand that Christopher's Kitchen cannot be responsible for any injury, loss or damage claimed by any guest with a food or beverage allergy who consumes our food or beverages.